

P.E. Absentee Homework Assignment

Name _____

Period _____ P.E. Teacher _____

Date(s) of absence(s) _____

***You only need 1 of these blue papers.**

- Complete within 1 week of an absence in P.E. (includes sectionals, Dr. appts., Student council meeting, illness, field trip, seeing the counselor, etc.)
- Complete 1 assignment for each day of absence.

Directions:

1. Spend 30 minutes in an afterschool activity or sport involving moderate to vigorous intensity.
2. Describe activity and get a parent/guardian signature.

Activity _____

Parent/Guardian Signature _____

OR

Write a *one page, handwritten* summary of a sport or health related article from a magazine, book, internet or newspaper. Include what you learned and how you can benefit from this information.